

#BeKind

SMALL GROUP DISCUSSION QUESTIONS

Week 1 PRINCIPLES OF KINDNESS

1. Describe a time somebody has been kind to you. What was that like for you?
2. Describe a time you were kind to somebody. What was that like for you?
3. Have you thought about “being kind” as being different from “being nice” before? If so, what were the differences?
4. Pastor Craig talked about “being nice” as being externally motivated and “being kind” as being internally motivated. Was this a new concept to you? What do you think about the difference?
5. Pastor Craig said, “Kindness isn’t always the easy thing to do. But kindness is always the right thing to do.” Describe how sometimes kindness isn’t always the easy thing to do.
6. How does kindness point people to God? Give an example of how you have seen this happen.
7. Pastor Craig talked about acts of kindness being proactive. Does practicing kindness come easy for you? What barriers exist to you practicing kindness more frequently?
8. Jesus talked about loving our enemies. What do you see as the advantages of being kind to people who have hurt you, people you don’t understand, and people who are not kind to you?
9. Do you feel you are a good listener? How is good listening an act of kindness?
10. Pastor Craig said, “Authentic kindness naturally flows from who we are.” What are some ways you can develop your character so that kindness is more natural for you?