

# Lent devotions

## READ:

Mark 14:32-52 ([click to open link](#))

## REFLECT:

One of the hardest things to do is face something you know is going to be unpleasant. It's no wonder Jesus asked God to take away "this cup of suffering."

I saw a cup of suffering this past weekend. It had mustard, Worchester sauce, soy sauce, ketchup, hot sauce, and a few other things all mixed together in a couple ounces of coke. Whoever tries to drink something like that is going to understand suffering.

But Jesus was talking next level suffering. As he prayed in the garden, he knew what he was about to do. He came to earth to die for our sins. When he was nailed to the cross, he took on the weight of the sin of the world, literally.

And yet, in the face of it all, he immediately followed up his request by saying, but if this is the only way, I'll do it. It's your will, not mine.

Your will be done. We say those words every time we pray the Lord's Prayer. Jesus meant them. He was willing to drink from the cup of suffering in order to accomplish what he came to the earth to do.

## RESPOND:

What are some of the things in the "cup of suffering" you try to avoid drinking? Like Jesus, we are all going to face some tough times. How can you allow God's will to come to fruition through you, even when following it means you'll face unpleasanties?

