

Lent devotions

READ:

Mark 14:12-31 (click to open link)

REFLECT:

The Lord's Supper is about faith. You believe that the Sweet Hawaiian bread and Welch's grape juice are his flesh and blood. You believe that by swallowing them you are swallowing his life into your life and nothing in earth or heaven is more important for you to do.

This same reenactment of the Last Supper is sometimes called the Eucharist, from a Greek word meaning "thanksgiving," that is, at the Last Supper itself Christ gave thanks, and on their part Christians have nothing for which to be more thankful.

It is also called the Mass, from missa, the word of dismissal used at the end of the Latin service. It is the end. It is over. All those long prayers and aching knees. Now back into the fresh air. Back home. Sunday dinner. Now life can begin again. Exactly.

The next time you walk down the street, take a good look at every face you pass and in your mind say, "Christ died for you." That girl. That slob. That phony. That crook. That saint. That damned fool. Christ died for you. Take and eat this in remembrance that Christ died for you.

RESPOND:

- Think about Christ's life. Journal some things you remember. Write down some words that describe him.
- Think about Christ's death. Journal some things you remember. Write down some words that describe Christ's death and what it means for us.
- Look at the words you have written. Pray the words people use to describe you are similar to the words written in your journal.

