

Week 1 – Help. Thanks. Wow. Amen.
Amen – Leandra Essler

Help everyone have good lives and lots of pets. Amen.

“Then, accompanied by the disciples, Jesus left the upstairs room and went as usual to the Mount of Olives. There he told them to pray.

He walked away, about a stone’s throw, and knelt down and prayed, “Father, everything is possible for you, please take this cup of suffering away from me. Yet, I want your will to be done, not mine.”

Then an angel from heaven appeared and strengthened him. He prayed more fervently, and he was in such agony of spirit that his sweat fell to the ground like great drops of blood.

At last he stood up again and returned to the disciples, only to find them asleep, exhausted from grief. “Why are you sleeping?” he asked them. “Get up and pray.””

1. Let go of trying to fix things we can’t fix.
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2. Let go of trying to control people we can’t control.
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2. Let go of trying to control people we can’t control.
3. Let go of the responsibility that we have unfairly placed on ourselves.

Give up the Why. Focus on the Who.

1. God is in the business of forgiving.
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2. God is a better teacher than that.
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2. God is a better teacher than that.
3. God can create good out of nothing. He doesn’t need to create tragedy to create good.

"My God, my God, why have you forsaken me?"