

{MASH-UP}

Connecting the old with the new.

{WEEKLY STUDY &
REFLECTION JOURNAL}

{WEEK ONE}

SO

OUR WORDS MATTER. COMPLAINING REDUCES THE QUALITY OF LIFE WHILE EXPRESSING GENEROSITY AND GRATITUDE

WHAT:

WITH OUR WORDS ADDS TO ITS QUALITY.

THIS WEEK'S READINGS:

NUMBER 11:1-6 NLT

MATTHEW 12:34-35 MSG

QUESTIONS TO ASK:

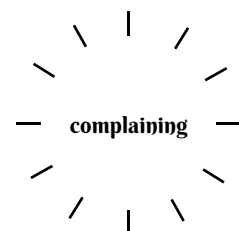
WHAT ARE SOME COMMON THINGS YOU FIND YOURSELF COMPLAINING ABOUT? HOW OFTEN DO YOU FEEL YOU COMPLAIN?

SCRIPTURE REFLECTIONS:

HOW CAN COMPLAINING CAUSE YOU TO MISS THE BIG PICTURE OF WHAT GOD IS DOING? WHAT CAN YOU DO TO KEEP THIS FROM HAPPENING?

A PRAYER TO BEGIN MY WEEK:

WHAT ARE SOME PROACTIVE WAYS YOU CAN REDUCE COMPLAINING IN YOUR LIFE AND INCREASE GRATITUDE?



{WEEK ONE REVIEW}

THIS WEEK I'M GRATEFUL FOR

A PRAYER TO END MY WEEK:

GOD SHOWED ME THIS WEEK :

A WORD TO DESCRIBE THIS WEEK:

WHAT WAS THE BEST THING ABOUT THIS WEEK?

WAYS I APPLIED THIS WEEK'S MESSAGE INTO MY LIFE:

I WOULD LIKE TO KNOW MORE ABOUT:

{WEEK TWO}

SO

GOD HAS A PURPOSE FOR ALL OF US. WHEN WE RESPOND BY SAYING, "HERE I AM. SEND ME!", WE GET TO PARTICIPATE IN GOD'S GOOD WORKS.

WHAT:

THIS WEEK'S READINGS:

ISAIAH 6:8-13 NASB

ACTS 9:10-19 NASB

QUESTIONS TO ASK:

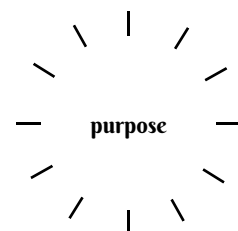
HOW WOULD YOU DESCRIBE PURPOSE AND HOW DOES ONE FIND IT?

SCRIPTURE REFLECTIONS:

BOTH ISAIAH AND ANANIAS RESPONDED TO THE VOICE OF THE LORD BY SAYING, "HERE I AM." WHAT SIGNIFICANCE DOES THIS STATEMENT HAVE IN REGARD TO THEIR PURPOSE? WHEN HAVE YOU RESPONDED TO GOD WITH THE SAME STATEMENT?

A PRAYER TO BEGIN MY WEEK:

HOW CAN YOU BE MORE OPEN TO ANSWERING GOD'S CALL IN YOUR LIFE?



{WEEK TWO REVIEW}

THIS WEEK I'M GRATEFUL FOR: _____

A PRAYER TO END MY WEEK: _____

GOD SHOWED ME THIS WEEK : _____

A WORD TO DESCRIBE THIS WEEK: _____

WHAT WAS THE BEST THING ABOUT THIS WEEK? _____

WAYS I APPLIED THIS WEEK'S MESSAGE INTO MY LIFE: _____

I WOULD LIKE TO KNOW MORE ABOUT: _____

{WEEK THREE}

SO

WHAT:

COURAGE DOESN'T COME SIMPLY BECAUSE YOU WANT TO BE COURAGEOUS. IT COMES FROM THE BUILDING OF OUR FAITH THROUGH LITTLE THINGS. WE DO THIS FROM THE ENCOURAGEMENT THAT COMES FROM OTHERS WHO HAVE ALREADY BUILT THEIR COURAGE THROUGH FAITH AND FROM THE GOD WHO GIVES US COURAGE IN THE FIRST PLACE.

THIS WEEK'S READINGS:

JUDGES 6:11-15 NIV

ACTS 27:21-26 NIV

QUESTIONS TO ASK:

WHO ARE SOME PEOPLE YOU CONSIDER TO BE COURAGEOUS? WHAT MAKES THEM COURAGEOUS?

SCRIPTURE REFLECTIONS:

HOW DOES OUR FAITH HAVE AN IMPACT ON OUR COURAGE? HOW DOES COURAGE IMPACT FAITH?

A PRAYER TO BEGIN MY WEEK:

WHAT STEPS CAN YOU TAKE TO BECOME MORE COURAGEOUS? HOW CAN DOING SO INCREASE YOUR RELIANCE ON GOD?



{WEEK THREE REVIEW}

THIS WEEK I'M GRATEFUL FOR: _____

A PRAYER TO END MY WEEK: _____

GOD SHOWED ME THIS WEEK : _____

A WORD TO DESCRIBE THIS WEEK: _____

WHAT WAS THE BEST THING ABOUT THIS WEEK? _____

WAYS I APPLIED THIS WEEK'S MESSAGE INTO MY LIFE: _____

I WOULD LIKE TO KNOW MORE ABOUT: _____

{WEEK FOUR}

SO

HEALING DOES NOT ALWAYS COME THE WAY WE THINK IT WILL. TRUE HEALING COMES WHEN WE PLACE OUR HOPE, FAITH AND TRUST IN GOD AND RESPOND TO HIM WITH AN OPEN AND GRATEFUL HEART.

WHAT:

THIS WEEK'S READINGS:

2 KINGS 5 NLT

LUKE 17:11-19 NLT

QUESTIONS TO ASK:

WHAT DO YOU THINK OF WHEN YOU THINK OF HEALING? WHAT ARE SOME THINGS WE NEED TO BE HEALED OF/FROM?

SCRIPTURE REFLECTIONS:

HOW DID NAAMAN'S RELUCTANCE TO LISTEN TO GOD ALMOST COST HIM HIS HEALING?

A PRAYER TO BEGIN MY WEEK:

HOW DOES GRATITUDE PLAY A ROLE IN OUR HEALING? HOW CAN YOU SHOW GRATITUDE TO GOD IN THE MIDST OF HEALING?



{WEEK FOUR REVIEW}

THIS WEEK I'M GRATEFUL FOR: _____

A PRAYER TO END MY WEEK: _____

GOD SHOWED ME THIS WEEK : _____

A WORD TO DESCRIBE THIS WEEK: _____

WHAT WAS THE BEST THING ABOUT THIS WEEK? _____

WAYS I APPLIED THIS WEEK'S MESSAGE INTO MY LIFE: _____

I WOULD LIKE TO KNOW MORE ABOUT: _____

{WEEK FIVE}

SO

"GO" AND "COME" ARE THE TWO PRIMARY WORDS GOD USES ACROSS THE WHOLE OF SCRIPTURE TO INITIATE A FAITH EVENT IN OUR LIVES.

WHAT:

THIS WEEK'S READINGS:

JUDGES 6:12-16 NLT

MATTHEW 11:28-30 NLT

QUESTIONS TO ASK:

WHEN YOU HEAR THE WORD "GO" WHAT COMES TO MIND? HOW ABOUT THE WORD "COME"?

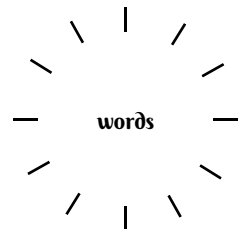
SCRIPTURE REFLECTIONS:

WHEN WAS A TIME WHEN YOU FELT GOD WAS TELLING YOU TO "GO"? HOW DID YOU RESPOND?

WHEN IT COMES TO YOUR FAITH, IS IT EASY TO ANSWER TO "GO" OR "COME"?

A PRAYER TO BEGIN MY WEEK:

HOW CAN YOU BECOME MORE OPEN TO "GOING" AND "COMING" WHEN GOD SPEAKS THESE WORDS TO YOU?



{WEEK FIVE REVIEW}

THIS WEEK I'M GRATEFUL FOR: _____

A PRAYER TO END MY WEEK: _____

GOD SHOWED ME THIS WEEK : _____

A WORD TO DESCRIBE THIS WEEK: _____

WHAT WAS THE BEST THING ABOUT THIS WEEK? _____

WAYS I APPLIED THIS WEEK'S MESSAGE INTO MY LIFE: _____

I WOULD LIKE TO KNOW MORE ABOUT: _____

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