

Practice
Makes
~~Perfect~~
Progress

Connecting
week 4

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Pray this: God, I'm grateful for the relationships – past and present – that bring joy to my life. For people who invest in me. For friends who look past my faults. For strangers who show me kindness. Place people in my life that help me grow closer to You. Help me to love others like You love me.

Amen.

Group Activity

Take some time with your House Church, family, or a friend to go through this activity together. Jesus rarely stuck to small talk. He didn't just want to know what was going on in people's lives; he wanted to know what was going on in their hearts. He asked people meaningful questions, and he listened well to their answers. Skip the small talk this week and practice going deeper.

Speed-Friending

Connect better with your House Church, family, or a friend by going through these questions. Set a timer for 3 minutes for each question. If you are in a group, pair up with one person and share your answers with each other. Change partners after each question until you get through all the questions.

1. What part of yourself are you the proudest of?
2. What's the best piece of advice you've ever gotten?
3. What's something that makes you laugh no matter what mood you're in?
4. What characteristic of your parents do you hope to possess as well?
5. What's your favorite picture of yourself and why?
6. One year from now, what is one thing you hope is different about your life?
7. Who is someone that inspires you and why?
8. Which year of your life would you like to do over again?
9. On a scale of 1 to 10, how content are you with your life right now and why did you pick that number?
10. What do you need prayer for this week?

Group Discussion

1. How has the quantity and quality of your friendships changed over the last ten years?
2. How has this change in your friendships affected you personally?
3. How can you better prioritize making time for relationships in your busy schedule?
4. Do you find it easy or difficult to be vulnerable with your friends? Why?
5. What steps can we take to develop friendships where being vulnerable becomes easier?
6. What makes someone a good listener? How could you be a better listener to your friends?
7. Healthy relationships are a two-way street of give and take. What does it look like to be generous in our relationships?

My Growth Plan

Make a plan to grow in the next year.

I plan to grow in my relationships by:

- o Practicing vulnerability with a friend this week
- o Joining a House Church at The Water's Edge
- o Prioritizing quality time with a friend this week
- o Reaching out to a friend that I've grown distant from
- o Calling a friend and asking how you can pray for them
- o Other: _____

Who can help you be successful with this growth plan?

Resources



Join a House Church at The Water's Edge:

weomaha.com/housechurch

Questions to ask a friend to deepen your friendship and care for them well:

1. What's been on your heart and mind recently?
2. What are your current priorities in this season of your life, and why?
3. How is your relationship with God right now?
4. How can I pray for you?

Book Recommendations

- o *Find Your People* by Jennie Allen
- o *How to Know a Person* by David Brooks
- o *Made for Friendship* by Drew Hunter
- o *Daring Greatly* by Brene Brown

Scripture Reflection

Take a moment to write Acts 2:42-47 in the space below.

What word or phrase stuck out to you? What is it that God may be speaking to you through this passage? Is there a next step you need to take?

Pray

- o Thank God for who He is and His faithfulness in your life.
- o Who are you praying for today?
- o What challenge or situation do you need God's guidance in this week?
- o What is a need your family has this week?



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Office Hours

Monday-Thursday: 9:00 am - 3:30 pm
The office is closed on Fridays



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